

# BIOPSY

## PATIENT INFORMATION & INSTRUCTIONS

### WHAT IS A SKIN BIOPSY

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A Skin Biopsy is a simple procedure where a small portion of tissue (usually skin) is taken and sent to a lab to analyze. This helps us identify different skin conditions and ensure you are receiving the best care.

### BIOPSY RESULTS

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Results for a skin biopsy typically take 7-10 days. Once the result has been finalized and reviewed by your physician, one of our staff members will be calling you to discuss the results and follow up / treatment measures that should be taken. If you have not been contacted and it has been over 2 weeks since your biopsy please call our office. Results are also viewable through your patient portal. Please note that you may be seeing your results before your provider has reviewed them. These test results could include sensitive or concerning information, such as a cancer diagnosis. If you are not comfortable seeing this information before you have discussed your results with your provider, please wait to view them.

### WOUND CARE INSTRUCTIONS

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#### Materials needed:

- Ointment: Vaseline, or Aquaphor ointment.
- Dressing: Choose either a gauze pad and tape or band-aid.

#### Instructions:

- Keep band-aid in place for 24 hours and **DO NOT GET IT WET!** If it becomes wet, remove the band-aid, reapply ointment and put on a new band-aid.
- After 24 hours, do the following daily:
  - a. Remove the band-aid.
  - b. Wash gently with soap and water.
  - c. Apply ointment and a new band-aid.
- If you have stitches, you may prefer to keep it covered with a band-aid to keep it from snagging on clothing and causing irritation.
- **If your wound has stitches:** You must make a return appointment to have them removed.

### OTHER RESOURCES

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We work hard to publish only best patient education and comprehensive resources. We want to be your trusted source of all skin information. You will find additional educational information by scanning the following QR codes.

*Our Patient  
Education Blog*



*Our Monthly  
Newsletter*



*Our Educational  
Youtube Videos*



