

ED & C

PATIENT INFORMATION & INSTRUCTIONS

WHAT IS ED&C?

Electrodesiccation and curettage (ED&C), also sometimes called curettage and desiccation, is a procedure used to remove abnormal growths on the skin. It's a two-step process:

- **Curettage:** A doctor uses a sharp, spoon-shaped instrument called a curette to scrape away the visible abnormal tissue.
- **Electrodesiccation:** An electrical current is applied through a thin needle (electrode) to destroy any remaining abnormal cells and to stop any bleeding.

WOUND CARE INSTRUCTIONS

- Keep the wound completely dry and covered with the bandage for the next 24 hours. After 24 hours, remove the old bandage and apply antibiotic ointment (such as Polysporin or Neosporin) and a new bandage.
- After 48 hours, remove the bandage and gently wash the area with soap and water. Apply antibiotic ointment to the wound and cover with a new bandage. Repeat this routine for the next 5 days. The area will drip and ooze a little bit. This is normal and washing it once a day seems to help this.
- Seven days after the procedure, continue to wash the wound with soap and water. Switch from an antibiotic ointment to aquaphor ointment (this is found over the counter) and a bandage to the wound. The bandage only needs to be applied for 12 hours a day. It can be applied during the day or night. After removing the bandage, re-apply aquaphor ointment to the wound. Repeat this routine for the next 7 days.
- Fourteen days after the procedure, continue to wash the wound with soap and water. Apply aquaphor ointment only and no bandage. Repeat this routine for the next 7 days. After the week is completed, no further wound care is necessary.
- Watch the wound for signs of infection, If these occur, please call the clinic.
 - Redness spreading from the wound
 - Pus-like drainage
 - Pain in the area
 - If the area becomes warm to the touch.
- If the area is actively bleeding, apply pressure to the wound and please call the clinic.

OTHER RESOURCES

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