

EXCISION

PATIENT INFORMATION & INSTRUCTIONS

WHAT IS AN EXCISION?

An excision refers to the surgical removal of a skin lesion. We remove the entire lesion and some surrounding skin referred to as “margins” The specimen is then sent to a pathologist for diagnosis confirmation.

EXCISION RESULTS

All excisions will be sent to pathology for testing unless explained otherwise by your physician. Results typically take 7-10 days. Once the result has been finalized and reviewed by your physician, one of our staff members will be calling you to discuss the results and follow up / treatment measures that should be taken. If you have not been contacted and it has been over 2 weeks since your excision call our office.

Results are also viewable through your patient portal. Please note that you may be seeing your results before your provider has reviewed them. These test results could include sensitive or concerning information, such as a cancer diagnosis. If you are not comfortable seeing this information before you have discussed your results with your provider, please wait to view them.

WOUND CARE INSTRUCTIONS

- Keep the wound completely dry for the next 48 hours. After 48 hours, you can get the area wet in the shower; however do not soak the area (no bathing or swimming).
- Apply a thin layer of antibiotic ointment (polysporin, bacitracin) to stitches in the morning and evening. This will keep the stitches moist and less bothersome; this also helps prevent infection. If you were not prescribed an antibiotic ointment, please use Vaseline.
- Take two Extra Strength Tylenol (500 mg), or age recommended dose, 4-6 hours following surgery for pain, repeat as needed. Call if pain becomes worse.
- Watch the wound for signs of infection, If these occur, please call the clinic.
 - Redness spreading from the wound
 - Pus-like drainage
 - Pain in the area
 - If the area becomes warm to the touch.
- If the area is actively bleeding, apply pressure to the wound and please call the clinic.

OTHER RESOURCES

We work hard to publish only best patient education and comprehensive resources. We want to be your trusted source of all skin information. You will find additional educational information by scanning the following QR codes.

*Our Patient
Education Blog*



*Our Monthly
Newsletter*



*Our Educational
Youtube Videos*

