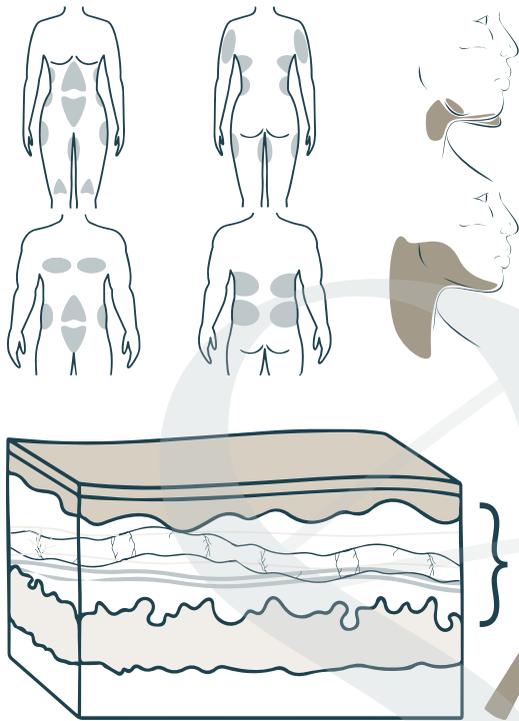


RENUVION

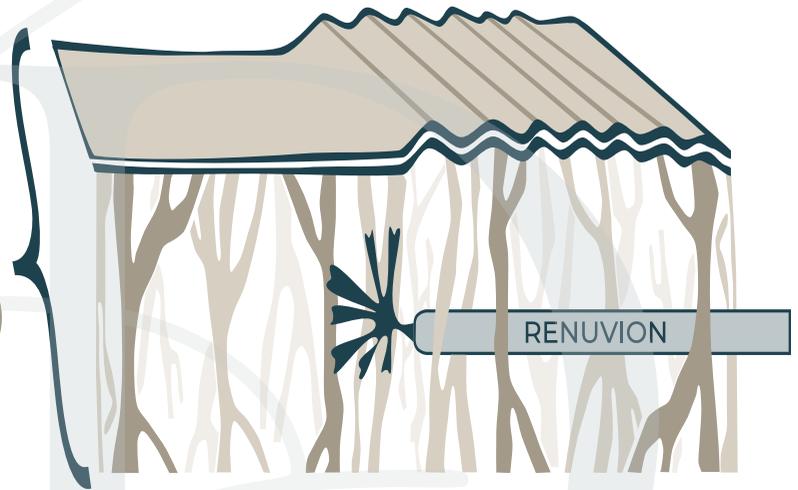
SKIN TIGHTENING & "LIFTING"

BODY LOCATIONS



TARGETS

Skin Tightening
Loose Skin
Jowls



Elite	
DAVID SMART MD	
RENUVION ONLY # of areas	
1	\$4,000
2	\$6,000
3	\$7,500
4	\$8,500

Elite	
DAVID SMART MD	
RENUVION + LIPO # of areas	
1	\$6,000
2	\$8,000
3	\$9,500
4	\$10,500

PAYMENT IN FULL REQUIRED AT PRE-OP VISIT

*All Prices subject to change without notice & may vary depending on individual needs
Limit to number of treatment areas possible in one day, set by lidocaine amounts and by surgeon
Procedures done on separate days require a reset in pricing*

PHONE
Call or text us
at 385.273.3376

SMART Skin
DERMATOLOGY

LOCATION
3200 W Clubhouse Dr. #100
Lehi, UT 84043

RENUVION

SKIN TIGHTENING & "LIFTING"

ABOUT TREATMENT

Renuvion, also known as J-Plasma, is a revolutionary procedure for tightening and rejuvenating loose skin. It's a game-changer because it achieves significant results without invasive surgery, extended downtime, or large surgical scars. Renuvion works by precisely applying a stream of cool plasma to the treatment area. This plasma is created using a unique combination of helium gas and radiofrequency (RF) energy. The plasma generates just enough heat to effectively contract the skin, while the excess helium gas simultaneously cools the treated area.

HOW TO SCHEDULE & VISIT LAYOUT

- Decide on time of year to have treatment. Considerations below.
 - 3-4 days off from work required. Ensure you have taken adequate time off from work or other commitments. You will be able to move around and be active during this time but will be very sore. Some physical laborers choose to take 7-10 days off work.
 - You will need an escort to and from your appointment.
- Scheduling:
 - Contact office at 385-273-3376 and request to speak with a COSMETIC NURSE
 - Provide a date range you are hoping for (see considerations above)
 - Cosmetic nurse will schedule you.
- Payment:
 - \$500 required to book appointment
 - Remaining balance due at Pre-Op Visit
- Visit Layout:
 - Pre-op visit. 30 minute visit. Typically 2 weeks (12-18 days) before treatment date.
 - Treatment Day. 4 hour scheduled slot.
 - Post-Op Visit. 30 minute visit. Typically 6 weeks after treatment day.

PRE-OP VISIT

- Baseline photos will be taken. Please come dressed with standard bra and underwear underneath.
- Medications will be prescribed.
- We review treatment expectations, prep, and aftercare.
- Measurements for compression garments will be taken.

1-2 WEEKS BEFORE TREATMENT

- Arrange escort: This person will be assuming responsibility for you and cannot be a bus, taxi, or uber/lyft. It's also helpful to have someone stay with you and assist you for the first night if possible.
- Fill prescriptions: Prescriptions will be given at pre-op visit. Fill these before treatment day.
 - Antibiotic (example: Keflex)
 - Sedative (example: Valium)
 - antinausia (example: Zofran)
 - Pain management (example: Hydrocodone/acetaminophen)
- Also purchase a package of absorbent pads, non-prescription. (example: Kotex pads)
- Avoid any alcoholic beverages 2-4 days leading up to the procedure.

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DAY BEFORE TREATMENT

- Start taking your antibiotic as instructed by your physician.
- Prepare home: Older sheets, pillowcases and bedding on bed.

MORNING OF TREATMENT

- Eat a light meal.
- Wear a button-up shirt so you can put a gown on for the procedure and not have to pull a shirt over your head. If possible, wear a dark, used button-up that you are okay possibly getting stains on.

2 HOURS BEFORE TREATMENT

- Take 1 of your sedative medication as directed by your physician.
- Bring all medications with you to your procedure.
- Bring a few old but clean towels for your car ride home from the treatment, or consider a shower curtain for the car seat.

AFTERCARE - GOING HOME & DIET

- You will require a driver to take you home from the office.
- Drape clean, old towels or rags on your car seat to avoid any drainage or staining.
- Resume your usual diet upon returning home.
- Drink adequate amounts of fluids to prevent dehydration.
- Avoid any alcoholic beverages for the first 48-72 hours following procedure.
- Continue oral antibiotic until prescription is finished. Take with food.
- Take antinausia and pain medications as directed by physician.

AFTERCARE - ACTIVITIES

- Rest is recommended immediately after surgery. Avoid any driving, operating machinery, or important personal decisions within first 24 hours.
- Later in the day you may take a short walk, if desired.
- Feeling faint is not uncommon in the days following Renuvion. Take care to prevent fainting by removing compression garments slowly, one at a time, resist standing up quickly, and consider having help nearby while showering or using the bathroom during the first 24 hours after your procedure.
- You may carefully resume exercise and vigorous physical activity 2-4 days after surgery. It is suggested you start at 25% of your normal workload then increase as tolerated.
- You may return to a desk job in 2-3 days following procedure, although one must expect to be sore and easily fatigued for several days.

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AFTERCARE - COMPRESSION GARMENTS

- You will have swelling after Renuvion.
- Following Renuvion, postoperative garments (two sets of garments + one elastic binder) are worn.
- We will provide the compression garments for your procedure.
- Initial wrapping and compression are done after your procedure should be worn and not taken off until the following morning.
- The following morning, remove compression garments and wash them. You may feel lightheaded or dizzy the first time removing garments. Lie down if this occurs. It may help to remove binder and wait 10 minutes prior to removing second garment. While garments are washing take a shower daily (below).
- You will wear both compression garments until all drainage has stopped + an additional 24 hours of no drainage.
- After 24 hours of no drainage, STOP wearing the outmost garment or binder. You may continue wearing the first garment but this is only for your comfort, you may continue to wear it as long as you would like.
- Temporary firmness and lumpiness is not uncommon in the weeks after Renuvion. If it does occur, it is typically noticed 1-2 weeks after surgery and becomes most prominent and tender 2-4 weeks after surgery. Continued light compression can help alleviate the discomfort when this happens. Time will also improve these symptoms.

AFTERCARE - POSTOPERATIVE DRAINING

- Expect a large amount of blood-tinged anesthetic solution to drain from the small incisions during the first 24-48 hours following the procedure.
- For the first 24-36 hours, bulky superabsorbent dressings should be worn under the compression garments and directly over the incision sites.
- Do not cover draining sites with Band-Aids.
- Apply new absorbent pads every time you shower, 1-2x daily.
- Only incisions that have stopped draining for more than 24, should be covered with Vaseline and a bandage

AFTERCARE - WOUND CARE & BATHING

- Wait 48 hours before first shower.
- Keep incision sites clean, shower 1-2x daily.
- First, wash hands, then wash incisions gently with soap and water. Pat dry with a towel.
- Avoid: icing or heating of area, hydrogen peroxide or plastic Band-Aids to incision sites, soaking in a bath, Jacuzzi, or swimming pool for 7 days following procedure.
- Take your prescribed pain medication or over-the-counter Tylenol every 4 hours as needed. Avoid any ibuprofen or aspirin.

POSSIBLE SIDE EFFECTS

- **Common:** Redness, swelling, bruising, light headed, tenderness, itching
- **Rare:** Infection, asymmetry or need for a touch up treatment in the future

More Info:



Resources:



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