

NUMBING CREAM

PATIENT INFORMATION & INSTRUCTIONS

we try to keep all prices up to date, unexpected price changes from distributors may make prices vary slightly at checkout

HOW TO OBTAIN YOUR NUMBING CREAM

To ensure maximum comfort during your cosmetic treatment, topical numbing cream is required. You have two options to obtain your cream:

OPTION 1: (PREFERRED) PURCHASE FROM US

- **Where to buy:** Available for purchase at our front desk.
- **When to buy:** We strongly recommend purchasing your cream at the time of scheduling or during the days leading up to your appointment.

BIOSENSE

\$30 *BLT Numbing Cream*
pre procedure

OPTION 2: PRESCRIPTION

- **How to initiate:** Call or text our clinic and request a numbing cream prescription.
- **Process:** Once we submit the prescription, the pharmacy will contact you via call or text to arrange payment and home delivery.
- **Timeline:** Please allow a minimum of 72 hours to receive your cream. Plan ahead so you have it in time for your procedure.

PRESCRIPTION

\$45 *BLT Numbing Cream*
avg cost

APPLICATION INSTRUCTIONS & PRO TIPS

Standard application:

1. Clean and dry the area to be treated.
2. Apply a visible layer of numbing cream 30 to 60 minutes prior to your appointment time. Do not rub it in completely; leave a thick layer sitting on top of the skin.
3. Arrive at the clinic with the cream on and working.

Pro-Tips for maximum comfort & efficiency:

- **Low Pain Tolerance Trick (Double Layering):** Apply a first layer 60 minutes before your appointment, then apply a second layer directly on top 30 minutes prior to arrival.
- **Non-Face Treatments (Occlusion):** For body applications (e.g., neck, chest, arms, legs), wrap the treated area loosely with plastic wrap (Saran Wrap) after applying the cream. This traps moisture and heat, allowing the cream to penetrate deeper and work significantly better.

PHONE
Call or text us
at 385.273.3376

SMART *Skin*
DERMATOLOGY

LOCATION
3200 W Clubhouse Dr. #100
Lehi, UT 84048

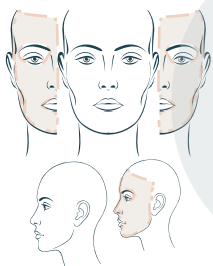
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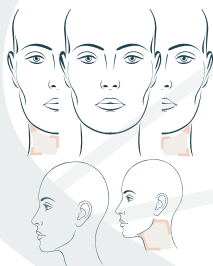
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SAFETY & EXPIRATION GUIDANCE

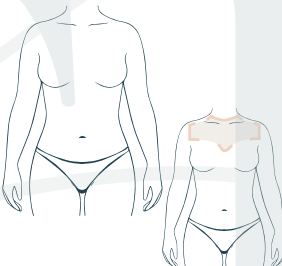
- **Storage & Reusing:** It is safe to use leftover numbing cream for multiple future treatments. Store your cream in the refrigerator to extend its freshness and shelf life.
- **Expired Cream Note:** Numbing cream that is less than 1 year past its printed expiration date is typically still safe and effective to use. It may change color slightly or develop a funny odor—this is normal and does not mean it has gone bad.
- **Safety Limit (Max Surface Area):** Local anesthetics are absorbed into the bloodstream. Do not apply numbing cream over an area larger than a single full arm or thigh (approximately 10% of total body surface area) at one time unless explicitly instructed by your provider. [examples below]



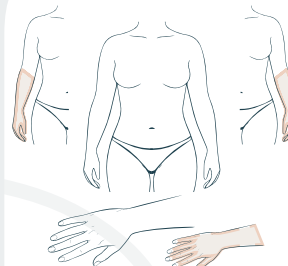
Full Face
~4.5%



Neck
~1%



Chest
~2%



Hands & Forearms
~5%

Safety:

Face + neck + chest
~7.5% = Safe to use

Face + Hands & Forearms
~9.5% = Safe to use

Face + Neck + chest
+ Hands & Forearms
~14.5% = **TOO MUCH**

NUMBING CREAM REQUIRED

- CO2 Full
- CO2 Light
- CO2 Small
- Dermal Filler
- Frax Laser
- IPL Photofacial
- Kybella
- Microneedling
- PRF Injections
- Profound
- Resolve Pico Laser
- Sculptra
- Tattoo Removal Laser
- Thread Lift

We do not perform these treatments without numbing.

NO NUMBING CREAM

- Aviclear
- Botox / Dysport
- Chemical Peel
- Coolsculpting
- Derm Clean Up
- Hydrafacial
- Liposuction
- Renuvion
- Sclerotherapy
- Vbeam Laser
- CO2 Small* optional; localized spots (e.g., scars) are numbed via injection. If cream is applied, limit to max 2 body areas.

OTHER RESOURCES

We work hard to publish only best patient education and comprehensive resources. We want to be your trusted source of all skin information. You will find additional educational information by scanning the following QR codes.

*Our Monthly
Newsletter*



*Patient
Resources*



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